Coverage for: Individual & Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage contact TLC Benefit Solutions, Inc. at 877-949-0940. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.tlcbenefitsolutions.com or call 877-949-0940 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$800/Individual or \$2,000/family in-network providers \$2,500/Individual or unlimited/family out-of-network providers	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and primary care services are covered before you meet your <u>deductible</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network providers</u> \$7,100 individual / \$14,200 family; for <u>out-of-network providers</u> unlimited	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.tlcbenefitsolutions.com or call 877-949-0940 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /office visit and <u>deductible</u> and 20% <u>coinsurance</u> for other outpatient services	50% coinsurance	Coverage is limited to one (1) visit per day.	
	Specialist visit	\$50 <u>copay</u> /visit	50% coinsurance	Chiropractic services are limited to 20 visits per year. Acupuncture services are limited to 10 visits per year.	
	Preventive care/screening/immunization	No charge	50% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	50% coinsurance	Preauthorization may be required	
,	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	Preauthorization may be required	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.tlcbenefitsolutions. com	Generic drugs	\$15 <u>copay</u> / prescription (retail order) \$45 <u>copay</u> / prescription (retail 90 network)	Non-Preferred Provider: \$25 <u>copay</u> / 31-day supply	Covers up to a 34-day supply or 90-day (retail prescription); Disease Management members pay \$10 and \$30, respectively (Network Provider). Diabetes Management members pay \$0 through the FiveStar Telehealth Clinic.	
	Preferred brand drugs	\$40 copay or 20% coinsurance (Greater Amount)/ prescription (retail order) \$120 copay or 20% coinsurance (Greater Amount)/ prescription (retail 90 network)	Non-Preferred Provider: \$50 <u>copay</u> or 20% /31-day supply	Covers up to a 34-day supply or 90-day (retail prescription); Therapy Class Restrictions Apply. Disease Management members pay \$30 (or 20%) and \$90 (or 20%), respectively (Network Provider). Diabetes Management members pay \$0 through the FiveStar Telehealth Clinic.	
	Non-preferred brand drugs	\$75 copay or 30% coinsurance (Greater Amount)/ prescription (retail order)	Non-Preferred Provider: \$90 copay or 30% /31-day supply	Covers up to a 34-day supply or 90-day (retail prescription). Therapy Class Restrictions Apply. Disease Management members pay the	

What You Will Pay				
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
		\$225 <u>copay</u> or 30% <u>coinsurance</u> (Greater Amount)/ prescription (retail 90 network)		same amount. Diabetes Management members pay \$0 through the FiveStar Telehealth Clinic.
	Specialty drugs	Not Covered	Not Covered	Specialty Concierge services available
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	20% <u>coinsurance</u>	Preauthorization is required
surgery	Physician/surgeon fees	20% coinsurance	50% <u>coinsurance</u>	Preauthorization is required
	Emergency room care	\$200/day <u>copay</u>	\$200/day <u>copay</u>	None
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	None
	<u>Urgent care</u>	\$50 copay/visit	50% coinsurance	None
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	20% coinsurance	Preauthorization is required
stay	Physician/surgeon fees	20% coinsurance	50% coinsurance	None
If you need mental health, behavioral health, or substance	Outpatient services	\$25 <u>copay</u> /office visit and 20% <u>coinsurance</u> for other outpatient services	50% coinsurance 20% coinsurance for Facility fee	None
abuse services	Inpatient services	20% coinsurance	20% coinsurance	Preauthorization is required
	Office visits	\$50 <u>copay/visit</u>	50% coinsurance	Cost sharing does not apply to certain preventive services.
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	50% coinsurance	None
	Childbirth/delivery facility services	20% coinsurance	20% coinsurance	Preauthorization is required for longer than expected stays
	Home health care	20% coinsurance	50% coinsurance	1 visit/day and 120 days/year. Prior Authorization is required
If you need help	Rehabilitation services	20% coinsurance	50% coinsurance	Preauthorization is required
recovering or have	Habilitation services	20% coinsurance	50% coinsurance	Preauthorization is required
other special health	Skilled nursing care	20% coinsurance	50% coinsurance	120 days/year. Preauthorization is required
needs	Durable medical equipment	20% coinsurance	50% coinsurance	Preauthorization may be required
	Hospice services	No Charge (Includes Home Health by Hospice)	20% coinsurance	30 day/benefit period. Preauthorization is required

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
lf	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric Surgery (with the exception of approved Gastric Sleeve procedures)
- Cosmetic Surgery
- Dental Care

- Hearing Aids (with the exception of hearing aids for children age 18 and under)
- Home Health Aide, when not provided by Hospice
- Infertility Treatment
- Long-term Care

- Non-emergency Care when traveling outside the U.S.
- Private-duty Nursing
- Routine Eye Care
- Routine Foot Care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture
 Chiropractic Care
 Orthospinology

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact TLC Benefit Solutions, Inc. at 1-877-949-0940. You may also contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame al 1-877-949-0940.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$800
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example, Peg would pay:

Cost Sharing			
Deductibles	\$800		
Copayments	\$70		
Coinsurance	\$2400		
What isn't covered			
Limits or exclusions	\$0		
The total Peg would pay is	\$3,270		

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$800
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

In this example, Joe would pay:

Cost Sharing		
Deductibles	\$800	
Copayments	\$500	
Coinsurance	\$1000	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$2300	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$800
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

In this example, Mia would pay:

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Cost Sharing	
Deductibles	\$800
Copayments	\$400
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1300

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: TLC Benefit Solutions, Inc. at 1-877-949-0940.